

# POST 4108 Newsletter

~ Serving veterans and their families since 1946 ~

## VETERANS OF FOREIGN WARS DESCHUTES POST 4108 AND AUXILIARY

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Redmond

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### Monthly Newsletter, Volume 7, Issue 10

### October, 2016

#### COMMANDER'S SITREP

Comrades,

Another month has gone by and September proved to be a pretty busy month for our Post. One specific event I want to touch on was the Central Oregon Shake Down, better known as the Car Show. If you did not have the opportunity to attend, you really missed out. Comrade Burger did a great job with the Patriot Pin-ups advertising and coordinating this event with the community. We had more cars than space at times and what a great mix, everything from Rat-Rods, Muscle Cars, and Motorcycles to vehicles that were reconditioned to their original look of the 1940's.

As always this event could not have been such a success without our Auxiliary and Post member volunteers. The kitchen staff prepared some great food for the BBQ and our volunteers did a great job keeping up the service in the tent. The Beer Garden was also something new and proved to be very successful, thanks to the excellent service of our Canteen. Overall this was a great fund raiser for the Post.



**Mike Trammel**  
Post Commander  
503-516-4180

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#### AUXILIARY PRESIDENT'S ACTREP

Summer is over and it is that time of year when the Post and Auxiliary get **really** busy with the Holidays such as Halloween, Thanksgiving, Christmas and everything in between. Before we move on to the next venture, I would like to thank the Auxiliary members for all your hard work and the hours you put in to make our Auxiliary a success. Without your dedication we could never achieve our goals each and every year. THANK YOU!

It appears the 2<sup>nd</sup> Annual Central Oregon Shakedown Car and Bike Show with the Patriot Pin Up Gals was a big success. I can't thank the Post and Auxiliary members enough for the many hours all of you put in to make it a success. I believe the word is out and this annual event, with the help of the Patriot Pin Up Gals, will only get better each year. Once again the kitchen crew rocked.

Let's not forget September 25<sup>th</sup> is Gold Star Mothers' Day. It is important that we remember them and their families in our prayers. Let's



**Pixie Newcomb**  
Auxiliary President  
541-526-1371

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# POST ACTION NEWS

**Friday, September 30 through October 1, 2016 – Grand of Oregon MOC/MOCA C of A. Brookside Inn & Suites, White City.**

**Sunday, October 2, 2016 – 8:00 am: Sea Cadets Drill.**

**Monday, October 3, 2016 – 6:00 pm: Rod & Gun Club Meeting**

**Tuesday, October 4, 2016 – 6:00 pm: Redmond Rotary meeting.**

**Wednesday, October 5, 2016 – 7:00 pm: Lake Park Estates Meeting.**

**Thursday, October 6, 2016 – 4:00 to 7:00 pm: Taco Thursday. \$1.50 per taco.**

**Thursday, October 6, 2016 – 6:45: Post and Auxiliary Meetings.** Early start so Guest Speaker Alison Perry from the Central Oregon Veterans' Ranch can address the group.

**Saturday, October 8, 2016 – 5:00 pm: Quincenera in Hall.**

**Wednesday, October 12, 2016 – 6:00 pm: Mounted Color Guard Meeting.**

**Thursday, October 13, 2016 – 7:30 am: Redmond Commercial Group.**

**Thursday, October 13, 2016 – 10:00 am: Bingo at Redmond Health Care Center with the Auxiliary. Everyone welcome.**

**Thursday, October 13, 2016 – 7:00 pm: Military Order of the Purple Heart meeting.**

**Friday, October 14, 2016 – 7:00 pm: Dance Club i& Box Social n Hall (Open to non-subscribers at 7:30 pm-\$10 each). See page 6 for more info.**

**Saturday, October 15, 2016 – 12:05 pm: MOC/MOCA Meeting.**

**Saturday, October 15, 2016 – 6:00 pm: Town Hall at VFW Post 4108 – Candidate's Forum.** Everyone is encouraged to attend. This is a chance for all local, regional, state and national candidates to present their platforms to our membership. There will be a moderated question and answer session. Come prepared to ask your questions so you can make informed decisions when it comes to vote!

**Sunday, October 16, 2016 – 8:00 am: Sea Cadets Drill.**

**Monday, October 17, 2016 – 6:00 pm: Honor Guard meeting.**

**Tuesday, October 18, 2016—2:30 pm: Rep. Greg Walden here to meet with veterans & family members.**

**Tuesday, October 18, 2016 - 5:30 pm – 7:00 pm: OHA/VFW Burger Night. Prices vary.**

**Tuesday, October 18, 2016 – 7:00 pm: OHA Board Meeting.**

**Wednesday, October 19, 2016 – 1:00 pm: Birthday Cakes at Redmond Health Care Center with the MOCA.**

**Thursday, October 20, 2016—11:30 am to 1 pm: Rite Aid Flu Clinic at American Legion Post 44. Free flu shot for anyone with an insurance card, including VA coverage. Vets with no health insurance: \$25**

**Saturday, October 22, 2016 – 5:00 pm: Private Party in Hall.**

**Monday, October 24, 2016 – 6:00 pm: House Committee Meeting.**

**Thursday, October 27, 2016 - 7:30 am: Redmond Commercial Group.**



**Saturday, October 29, 2016 – 4:00 pm: Halloween Party for our younger crowd!** We think your costumes are pretty neat, so join us for a Halloween Treat! The VFW is hosting their annual Halloween Party for Post Members and Families of Service Members on Saturday, October 29th from 4:00pm -6:00pm. If you have any questions, please feel free to contact Alicia Wherry at [951-735-5524](tel:951-735-5524). This is a "Family Friendly" party, everyone is welcome to attend. Food and drinks will be provided. Bring your trick-or-treat bags :)

**Saturday, October 29, 2016 – 6:30pm Adult Halloween party in Canteen. Come dressed in your best costume for the Costume contest! Ghoulish treats to share are encouraged.**



**Tuesday, November 1, 2016 – 6:00 pm: Redmond Rotary meeting.**

**Tuesday, November 1, 2016 – Time to be determined: Voice of Democracy & Patriot's Pen Meeting**

**Thursday, November 3, 2016 – 4:00 to 7:00 pm: Taco Thursday. \$1.50 per taco.**

**Thursday, November 3, 2016 – 7:00 pm: Post and Auxiliary Meetings.**

**Friday, November 4, 2016 – All Day: Christmas Bazaar in Hall.**

**Saturday, November 5, 2016 – All Day: Christmas Bazaar in Hall.**



**Sunday, November 6, 2016 – 8:00 am: Sea Cadets Drill in Hall.**

**Wednesday, November 9, 2016 – 6:00 pm: Mounted Color Guard Meeting.**

**Thursday, November 10, 2016 – 7:30 am: Redmond Commercial Group.**

**Thursday, November 10, 2016 – 10:00 am: Bingo at Redmond Health Care Center with the Auxiliary. Everyone welcome.**

**Thursday, November 10, 2016 – 7:00 pm: Military Order of the Purple Heart meeting.**

**Friday, November 11, 2016 – 11:00 am: Veteran's Day Parade in Downtown Redmond.**

**Friday, November 11, 2016 – 12:00 pm: Veteran's Day Chili Feed at the Post. Free to all veterans and their families.**

**Friday, November 11, 2016 – 7:00 pm: Dance Club in Hall (Open to non-subscribers at 7:30 pm-\$10 each)**

**Sunday, November 13, 2016 – 4:00 pm: COMOAA Banquet in Hall.**

**Monday, November 14, 2016 – 6:00 pm: Honor Guard meeting.**

**Tuesday, November 15, 2016 - 5:30 pm – 7:00 pm: OHA/VFW Meal Night.**

**Tuesday, November 15, 2016 – 7:00 pm: OHA Board Meeting.**

**Wednesday, November 16, 2016 – 1:00 pm: Birthday Cakes at Redmond Health Care Center with the MOCA.**

**Saturday, November 19, 2016 – 12:05 pm: MOC/MOCA Meeting.**

**Saturday, November 19, 2016 – Private Party in Hall.**

**Sunday, November 20, 2016 – 8:00 am: Sea Cadets Drill.**

**Monday, November 21, 2016 – 6:00 pm: House Committee Meeting.**

**Monday, November 28, 2016 – 1:00 pm to 6:30 pm: Red Cross Blood Drive at VFW Post 4108.**

**Tuesday, November 29 through Wednesday, November 30, 2016: Decorate Hall for Holidays.**

## AROUND THE HOUSE

### House Committee Action Report for October

Greetings Comrades and Auxiliary Members. River Roofing has started our roofing repairs. Currently they are retightening screws, pressure washing, etc. It is anticipated that roof material will be applied on Friday, September 23. It is important that you know that the roof will be white once the material is applied. We will no longer have a blue roof, but we are looking forward to a non-leaking Post.

**A Home Depot Grant has been submitted to do improvements inside the building and I am very excited to be able to announce that it has officially been approved!** With help from Home Depot staff, we will be replacing all of the ceiling tiles and we will be having new floor tile installed in the bathrooms! Those projects were chosen by Home Depot and we are very grateful to Store Manager Russell Redfield of the Redmond Home Depot for this assistance. We all look forward to these much needed improvements!



John Wrinkle  
House Committee Chair  
541-678-3895

Other updates: Our new worn and tattered flag drop box has been powder coated and we have received the graphics that will be applied to the front. It is anticipated that we should have this job completed in the next week or so. The Canteen will be hiring a 3<sup>rd</sup> bartender as a back-up for occasions such as the upcoming Crooked River Golf Club Dinner. They have requested 3 bartenders to serve their function.

Finally, the Patriots Pin-up Girls Central Oregon Car and Bike Showdown fundraiser was a resounding success for the Post, Auxiliary and Canteen. I am looking forward to the next fund raiser they host at our Post.

Come on down and partake of our meals and events. It is great seeing old friends and meeting new friends at these functions.

Fair winds and following seas,

House Committee Chair, John Wrinkle



## COMMANDER'S SITREP *(Continued from Page 1)*

Many of you may not be aware, but Comrade John Wrinkle traveled to our National Capitol this past month as our National Legislative Committee member for Oregon. While there he was able to meet with Greg Walden and they discussed VA reform so that veterans can get access to the care they have earned and deserve in a timely manner. As always, Comrade Wrinkle and so many of our members continue to serve in a distinguished and honorable fashion.

There is something that we can all do to support Comrade Wrinkle and all veterans in this endeavor to help the VFW hold the VA and Congress accountable. All our voices should and need to be heard. To help, log on to the following website and take a short survey: <https://www.research.net/r/StateofVAHealthCare2016>.

I look forward to working with all of you and hope to see you around the Post. I also would like to remind you that I am available on Mondays at the Post to any member that would like to bend my ear with ideas, or even clarification of issues around our Post.

Mike Trammel, Commander

## AUXILIARY PRESIDENT'S ACTREP *(Continued from Page 1)*

also not forget the service men and women who are still serving to keep America safe.

Saturday October 29<sup>th</sup> there will be Halloween Parties. It is not too early to start planning your costume for the best costume contest. Before the adult (as we call ourselves) party, join us at the Youth Halloween Party. There is fun to be had by all and seeing the kids in their costumes is priceless and a must! So come join the fun and we'll even let you act like a kid (for a short time only.)

## LEGISLATIVE COMMITTEE

Comrades, it has been reported that there is now a problem occurring with Central Oregon veterans and the Veteran's Choice Program billing process. Some veterans are being directly billed for their procedures and are then going into collection. It appears there is a disconnect somewhere between the doctors, TriWest (the administrators of the Veterans Choice Program), and the VA. To say the least, this is inappropriate. The National Veterans of Foreign Wars is aware of the situation. Any veteran who finds themselves in this situation should call 877-881-7618 for assistance. According to Comrade Carlos Fuentes, Deputy Director National Legislative Service, prompt action will be taken to help that veteran once they have made that call. If you have any questions, please call me at 541-678-3895 or email me at [wrinkle4108@gmail.com](mailto:wrinkle4108@gmail.com).



**John Wrinkle**  
National Legislative  
541-678-3895

The Post is sponsoring a Candidates Forum on Saturday, October 15, at 6:00 P.M. The Forum committee consists of Auxiliary Member Julia Garcia, Comrade Dennis Guthrie, and me. We are very excited about who has said they will be coming. As the date draws closer, we will put out a list of candidates that have verified their attendance for your information. It will include National, State and community representatives. The Forum will consist of a brief statement by the candidates and a question and answer session moderated by Comrade Guthrie. We hope to see all of you there.

This just in: Congressman Greg Walden will be visiting the Post on Tuesday, October 18 @ 2:30 P.M. He wants to hear from Post 4108's veterans and family about any issues you have. Please come and meet and ask questions from our Representative to Congress.

Fair winds and following seas,  
House Committee Chairman John Wrinkle

## POST EVENTS COMMITTEE

Our next event is the Halloween party which will be October the 29<sup>th</sup> at 7pm. There will be a potluck, so a gift of a "Halloween Themed" food item is appreciated. Put on your best costume and join us for a night of costumes and fun!

**Joclyn Manly**  
Post Events Chair  
541-771-0484



Our 2<sup>nd</sup> annual New Year's Eve Ball is right around the corner! Join us this year for some rebellious fun with a "Roaring 20's" themed Ball. This year we will be doing separate events. A family-friendly dinner will be held in the evening. The Ball will kick off later in the night and will be for ages 21 and over only. We encourage everyone to put on their best dress and join us for great food and a night of dancing. We are also looking for volunteers for the Ball! If you would like to contribute, please let me know at [jocmanly@gmail.com](mailto:jocmanly@gmail.com) You can also let your Auxiliary President, Pixie, know that you would like to help.



## WEBMASTER



Since the last Newsletter, I have added a new Main Menu item called "Donation Opportunities" with donation needs for the Central Oregon Veterans Ranch (COVR) and the Central Oregon Veterans Outreach (COVO). Photos from the Central Oregon Car and Bike Shakedown have also been added to the Photo Gallery.

As part of my Post History project, I have added a "Post History" page under the POST, Main Menu tab. Anyone with Post history knowledge that can fill in areas, please e-mail me or drop a note in my mailbox in the Canteen.



**Don DeLand**  
Webmaster  
503-869-0318

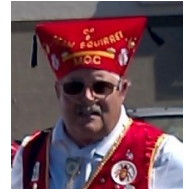


## THE COOTIE CORNER

September is almost over and with it comes the Fall season. The “Cooties” will be traveling to White City for the Fall C of A on October 1. We hear from some Cootie Bugs that there will be a Golf Tournament with the residents of the White City VA facility on September 30<sup>th</sup>. We will be up to our usual shenanigans and having a good time while visiting with the residents. On Saturday, October 1<sup>st</sup> we will get down to business, or not.

At our last scratch in September, we had some fun while conducting some very important business. We are currently discussing adopting a local veteran’s health care facility. The Redmond Health Care Center and the Central Oregon Veteran’s Ranch are on our list. Our pill pusher Judith Burger is doing the much needed research so we can make an un-informed decision. We hope to include the MOCA in whatever is decided. We also celebrated our Seam Squirrel’s 21<sup>st</sup> birthday and some Cootie Bugs 17<sup>th</sup> wedding anniversary. The cake was scrumptious and good times followed.

The next scratch will be October 15<sup>th</sup> at 12:05. Be there or be square.



**Galen Wisdom**  
Aka “Surf & Turf”  
Seam Squirrel, Pup Tent 8  
541-604-0388

## POST SURGEON

Hello, Comrades and Families!

Fall is now in full swing with the weather cooler, kids back to school and the leaves have turned their beautiful fall colors! Unfortunately, this is also the time of year we start seeing a lot of sicknesses like the flu going around, so it’s time to prepare yourselves (and your bodies) to get through these bugs and out the other side this Spring. A few ways to get ready for the cold & flu season:

Get your flu shot (if you’re amiable to them)

Drink plenty of water – add 1-2 tablespoons of lemon juice to give you an added pep in your step and some good flavor, plus so much more!

Layer your clothes so you can adjust to your environment & dress appropriately for the outdoors

Take a vitamin supplement for those times you are around those with illnesses

Avoid over-exposing yourself to those who are sick

Eat healthy, wholesome meals

If you have any questions on how to better handle the upcoming Fall/Winter season, please let me know! I’m here to help you!

God Bless!

Tracy 😊

PS. If you or one of our Comrades or Auxiliary members are sick or in the hospital for any reason, please let me know; the Chaplain and I would love to come visit you and bring you some smiles and comfort! Thank you!



**Tracy McKenzie**  
Post Surgeon  
541-410-3122

## HONOR GUARD

The Honor Guard performed military honors for the Celebration of Life for veteran Richard Swartzlender, US Navy, WWII. We have also had several families ask if we could perform military honors at Willamette National Cemetery when their spouses pass away. This reflects on the dedication and commitment of the men and women on the Honor Guard as they represent the Post at Military Honor events.

We continue to discuss our Honor Guard uniform standards and formations so as to best represent the Post and to honor our fellow veterans. We continue to recruit new members for the Post Honor Guard. If you are interested, please contact me or one of the other Honor Guard members. I have begun looking into the history of the Honor Guard at the Post. Anyone with any knowledge of when the Honor Guard started, etc., please send me an e-mail or drop a note into my mailbox in the Canteen.



**Don DeLand**  
Honor Guard  
503-869-0318

VFW Auxiliary Member Angela Boothroyd has obtained permission from the House Committee to start a new Dance Club at Deschutes VFW Post 4108. We are very excited to have this new dance program at our Post. See below for Angela's announcement regarding this new Dance Opportunity!

## REDMOND SOCIAL CLUB

### REDMOND SOCIAL CLUB STARTS FRIDAY, OCTOBER 14, 2016!

LOOK FORWARD TO MONTHLY DANCES TO BE HELD AT THE VFW HALL WITH LIVE MUSIC AND AN OLD FASHIONED BOX SOCIAL!

Come enjoy an evening of socializing and dancing to great music. Bring your own "picnic" (including tablecloth, plates, utensils and food), but remember NO outside beverages of any kind or open flame/candles may be brought into the VFW Hall. Wine, beer, spirits and other refreshments are available for purchase from the wonderful VFW Canteen.

Music starts at 7:15 pm and ends at 10:00 pm. Social Club Founding Members now being sought:

**\$175 for 2 people, \$90 for one person.**

That price covers all the dance nights listed below. Social Club Members can arrive as early as 7 pm for prime table selection. Doors open to non-members at 7:30 pm for a \$10 per person admission fee.

#### Dance dates:

Friday, October 14, 2016

Friday, November 11, 2016

Friday, December 9, 2016

Friday, January 13, 2017

Friday, February 10, 2017


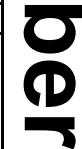
Friday, March 10, 2017

Friday, April 7, 2017

Friday, May 5, 2017 – Cinco De Mayo Celebration with *The Countryfied Band!*

To become a founding member of the Redmond Social Club or if you have questions about these events, please contact Angela Boothroyd at [541-410-2572](tel:541-410-2572).

# October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Sept 25 Gold Star Mother's Day</p>	<p>Sept 26 6 pm: House Committee Meet- ing</p>	<p>Sept 27</p>	<p>Sept 28</p>	<p>Sept 29</p>	<p>Sept 30 Grand of Oregon MOC/MOCA Brookside Inn in White City.</p>	<p>Oct 1 Grand of Oregon MOC/ MOCA Brookside Inn in White City.</p>
<p>2 8 am: Sea Cadets</p>	<p>3 6 pm: Rod &amp; Gun Club Meeting</p>	<p>4 6 pm: Redmond Rotary Meeting</p>	<p>5 7 pm: Lake Park Estates</p>	<p>6 4 pm: Taco Thurs- day 6:45 pm: VFW &amp; Aux Meeting. Guest Speaker Alison Perry with COVER.</p>	<p>7</p>	<p>8 Private Party in Hall</p>
<p>9</p>	<p>10</p>	<p>11</p>	<p>12 6:00 pm: Mounted Color Guard Meet- ing</p>	<p>13 7:30 am: Redmond Commercial Group 10 am: Bingo at Redmond Health Care Center with VFW Auxiliary 7pm: Military Order of the Purple Heart Meeting</p>	<p>14 7:00 pm to 10 pm: New Red- mond Social Club: Dancing &amp; Box Social! Doors open to prepaid members at 7 pm. Non members at 7:30 pm—\$10 Per Person for non-members.</p>	<p>15 6 pm: Candidate's Forum in Hall</p>
<p>16 8 am: Sea Cadets</p>	<p>17 6 pm: Honor Guard Meeting</p>	<p>18 2:30 pm: Rep. Greg Walden at VFW Post 4108. 5:30 pm-7 pm: OHAVFW Burger Night. Prices vary.</p>	<p>19 1 pm: Birthday Cakes at Red- mond Health Care with MOCA</p>	<p>20 11 am-1 pm: Rite Aid Flu Clinic at American Legion Post 44.. See Post Action News for info.</p>	<p>21</p>	<p>22 Private Party in Hall</p>
<p>23 30/31 </p>	<p>24 6 pm: House Committee Meet- ing</p>	<p>25</p>	<p>26</p>	<p>27 7:30 am: Redmond Commercial Group</p>	<p>28</p>	<p>29 4:30—6 pm Kid's Halloween Party in Hall.  6:30 pm to ?? Adult Halloween Party in Canteen.</p>



**HALLOWEEN FUN—OCTOBER 29, 2016**

**SEE POST ACTION NEWS FOR MORE INFORMATION**

**YOUTH PARTY FROM 4 TO 6 PM IN THE HALL**

**& ADULT PARTY IN THE CANTEEN FROM 6:30 PM UNTIL ?????**

**In case you have forgotten how fun Halloween can be, here are pictures from last year!**



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**Joseph Stellar—541-233-7570**

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Veterans

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**Redmond Oregon VFW Post 4108**